

ARP TASK LIST 9/10/2023 – 12/2023

- ~~ETHICS FORM~~
- ~~contact pastor at LCC~~
- ~~Compile list of short Self Care exercises~~
- ~~Decide on scope for project; will this be a one-off exercise or will it be delivered over a number of classes (3?) If decided to do more than once would spaces in between delivery (every other class) help students to distinguish if any helpful/meaningfull change has taken place?~~
- ~~Contact course leader for advice on delivery of research project (when?) and also how to inform students~~
- ~~Investigate appropriate working methodologies~~
- ~~Write up research done so far for blogs~~
- ~~Run through with colleague and get feedback~~
- ~~Make amendments~~
- ~~Print up QR codes and laminate~~
- ~~Prepare for workshop (Camera, Surveys, QR codes, slides)~~
- Reflect on session
- ~~Collect surveys and get feedback from Harriet & Mat~~
- Collate feedback
- ~~Complete blog~~
- ~~Make presentation slides~~

MOVING FORWARD

spend more time planning

choose an appropriate time with no conflicting interests

work with a smaller research group

plan for post workshop interviews- group and focus

get those who don't participate to add in additional comments their reasons for not joining the workshop

contact Mark Dean

do more research to find similar research that matches self care for students

think about observations: recorded or get someone to observe and feedback